

Xingu Mission Information for Interested Teams

Packing Tips:

- Bring clothes for at least 7 days – there is usually a laundry facility you can use, but it is slow and handles only very small loads. Laundry facility is not guaranteed.
- Pack for hot weather but bring warm sleeping clothes or a flannel sheet to use when out on the boat or sleeping outside in the interior. It is common for people to feel chilled when the night temperatures drop.
- Pack necessary items (medication you take, toothbrush, one change of clothing) in your carry on as luggage in case your luggage is lost or stolen.

Don't forget to Pack:

- Bible
- Journal
- Flashlight (batteries)
- Camera (batteries)
- Sunscreen
- Sunglasses
- Towel
- Extra reading glasses if you use them
- Water bottle
- Meds for Motion sickness (Meclizine)
- Pepto Bismal
- Cipro (prescription med)
- Insect Repellent
- Earplugs

Suggested Clothing:

- Shorts & tee shirts (sleeveless or tank tops are fine; quick-dry is best!)
- Men – one pair long trousers for church (with clean tee shirt)
- Women – one or two skirts/dresses or capris for church
- Bathing Suit – women, bring shorts or skirt to wear over your suit.
- Good walking sandals (tennis shoes are hot) – flip flops can be purchased here

Idea – bring clothing you can leave behind (especially tee shirts and towels) – we'll give it to families in need and you'll have more room for souvenirs!

Other Suggested Items:

- Waterless anti-bacterial hand soap
- Extra plastic bags for wet/dirty clothes
- Snacks
- Book light
- Portuguese Dictionary

Gifts for Missionaries and families –

Gift ideas for adults: peanut butter, chocolate chips, recent worship CD's/DVD's.

Gift ideas for children (Please ask your missionary contact of the ages of the children) – jigsaw puzzles, books, paints, games, fun gadgets, recent DVD's, candy.

Items needed at the Mission- Children's chewable Tylenol, extra strength Tylenol, ibuprofen. Then whatever you leave behind, will be used *and appreciated* by the Mission!

Idea – assign one family to each member or members of your team (info on families can be found at www.xingu.org).

Candy for local children – Candy for local children can be purchased here. Often times the Brazilian kids find the odd flavored North American candy not good.

Items for Outreach – depending on where we plan outreaches (in town or on the river), there are many practical needs we can provide. Collecting these items would make excellent **church-wide projects**. Some ideas are: reading glasses (1.50 – 2.75), and tee shirts for children.

Required Shots – there are no shots required for travel to this part of Brazil and teams will not be taken into areas where any cases of disease are known to exist. However, there is the risk of contracting malaria or dengue. In our experience, it is very rare someone from the team will contract malaria or dengue. We do recommend that you are up-to-date on Tetanus. BUT, we recommend that each person discuss with his/her doctor what precautions to take that will make you feel comfortable.

Traveling Tips:

- Exchange money before arriving to your destination as the mission does not keep large amounts of cash on premise. We recommend you exchange US\$50 dollars to purchase your hammock and any incidental items you'd like. Exchange more if you want to purchase souvenirs. There are money exchange office in all major airports (DC, Atlanta, Miami, Sao Paulo and Belem)
- You will be required to fill out a customs and immigrations form before arriving in the country – these will be given to you during your flight. When you go through immigration, they will stamp and give you a copy – **HANG ON TO THIS – you need it to leave the country.**

Arriving:

Upon arrival at your destinations airport, you will be picked up and taken directly to purchase hammocks to sleep in while you are here. You will then be driven to your place of stay where there are showers and safe drinking water. You will be accompanied by at least one missionary family during your entire stay.